

## **What to do when life knocks you down**

*You need to persevere so that when you have done the will of God, you will receive what he has promised.* - Hebrews 10:36

A story is told that Andrew Jackson's boyhood friends just couldn't understand how he became a famous general and then President of the United States. They knew of other men who had greater talent, but never succeeded like little "Andy" did.

One of Jackson's friends said, "Why, Jim Brown was not only smarter, but he could beat Andy three times out of four in a wrestling match. But look where Andy is now." Another friend responded, "How did there happen to be a fourth time? Didn't they usually say three times and you're out in wrestling?"

"Sure, they were supposed to, but not Andy. He would never admit he was beat. Jim Brown would get tired, and on the fourth try Andy would always beat him."

Picking up on that idea, it's been said, "The thing that counts is not how many times you are beat, but whether you are willing to stay that way." In life, you will face setbacks, but what really matters is whether or not you take courage and go forward in faith despite the challenges and even defeats you will encounter.

The real battle is the Lord's. So when it comes to facing life's struggles, get back up when you get hit because in Christ, your victory is already won!

### **Prayer Challenge**

Ask God to give you the strength to get back up when life knocks you down and remind you that your victory is already won!